



## Making all the right choices

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**Reverend Jane Proudfoot**  
Spire Healthcare patient

[Link to Strategy:](#)

### 2. First choice for private patients

Reverend Jane Proudfoot has been the Rector at St Wilfrid’s Church in Grappenhall near Warrington, since September 2012. She has a busy life with many obligations to the volunteers who help run the church and its many activities, as well as to her friends and parishioners in the community. That’s why, when the arthritis in her right hip, which had been causing her pain for around eight years, became unbearable, Jane knew she would have to take action.

Alarmingly, what she discovered was that her hip joint and socket had all but crumbled away, meaning that a replacement was the only option that could offer her full mobility again. On a personal recommendation, Jane opted for our Spire Cheshire Hospital for the operation. Despite the pain she was experiencing, she was delighted to discover that Spire Healthcare not only offered the highest standard of clinical care but also a number of choices that helped her feel more involved with her treatment and eased the stress of having such a major operation.

First, she was able to choose her consultant. That was important for Jane: “I wanted to be sure everything was right and, after some online research, I decided on Consultant Orthopaedic Surgeon, Mr Nikhil Pradhan. He has a great track record and knowledge, and when I met him, he was very understanding. He really took the time to explain everything in detail. Everyone at Spire Cheshire Hospital helped to put me at ease.”

With all the facts, Jane was even able to select the type of anaesthesia that suited her and to pick the exact hip replacement she wanted. At 52, she is young for this kind of procedure, so she opted for the best she could – or an “upgraded hip” as Jane puts it. Then there was Spire Healthcare’s add-on ‘premium package’, which provided a door-to-door service with cars to the hospital and back home a few days later, family meals at the hospital and one-to-one aftercare.

This individual service helped Jane reduce the strain of what could have been a traumatic situation. And the opportunity to pick a date for the operation helped Jane manage the hip replacement and her recovery alongside her work commitments. “Being in control of my life, work, family and Christmas was so important for me,” explains Jane, “especially for someone in my line of work.”